

New York



Cycle Club Inc.

MONTHLY BULLETIN - MARCH 1976

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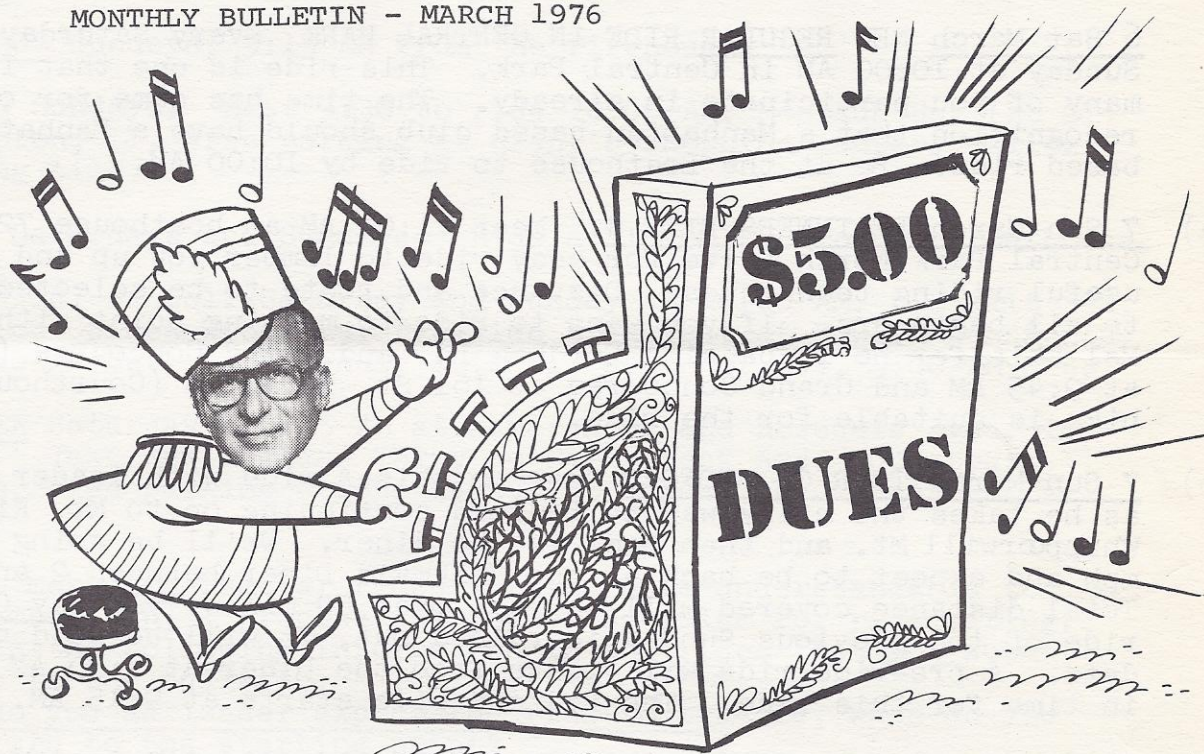
MARCH MEETING

3rd TUESDAY

MARCH 16th

RINALDO'S

32 E. 32nd St.
1 Flight up
Gather at 6P.M.
Dinner at 7P.M.
Meeting - 8P.M.



LAST GET ON THE CALL! BANDWAGON



MAR 76



Rides For The Month



6 Sat March NEW REGULAR RIDE IN CENTRAL PARK Every Saturday and Sunday at 10:00 AM in Central Park. This ride is one that I'm sure many of you participate in already. The time has come for official recognition that a Manhattan based club should have a Manhattan based ride. Be at the Boathouse to ride by 10:00 AM.

- a) 7 Sun March BEGINNERS RIDE G. Meet 11:00 AM at boathouse 72 St. and Central Park North Drive for easy ride to limber you up and pick up useful riding techniques. Distance and route to be selected, suitable to all beginners. If you want to ride to meeting point with Leader Mel Shleifer he is passing Fordham Rd. and Grand Concourse (Alexander's) at 9:45 AM and Grand Concourse at 161 St. 10:10 AM (Courthouse). Any bike is suitable for the ride.
- b) 7 Sun March TOUR OF BEDFORD Come on this A ride with leader Ron Kahn as he takes the hilly way to Bedford continuing on to Mt. Kisco, up Whippoorwill Mt. and then back to the diner. We'll be going about 16 mph and expect to be back at the Milkmaid Diner between 2 and 3 PM. Total distance covered will be just over 50 miles. If Ray Cartiers ride of the previous Sunday is rained out, it will be held on this date. A pre-ride ride will leave from the Diner at 7:30 AM and be back in time for this ride. The Bedford ride starts at 9:15 AM.
- a) 14 Sun March I.U. WILLETS METRIC CENTURY A ride with Leader Joe Messing. There are a few hills on this route so be prepared as the pace will be 13-16 mph. Ride starts at 10:00 AM at the school's parking lot. Those wanting to ride out from the City should be at the LIE and Main St. by 8 AM to meet Ron Kahn.
- b) 14 Sun March INTERMEDIATE RIDE C ride with the mileage to be determined. This is an NYCC and AYH co-event with Leader Mike Hrinyak. Take the 10:30 Staten Island ferry to meet at 11:00 AM at the Staten Island Boro Hall.
- 16 Tues March MONTHLY MEETING Rinaldo's Restaurant, 32 East 32 St. NYC. Meeting is on the second floor. (Bet. Park and Madison)
- 20 Sat March RIDE TO I U WILLETS B ride with Leader Frank Gilette. Ride starts at the LIE and Main St. at 8:00 AM. Frank will then do the regular I U Willets ride and return home. Total expected distance will be nearly 100 miles. Fast pace. *is this a B ride?*
- ✓ 21 Sun March TOUR OF NORTH HUDSON PARK C ride. 25 Easy Miles with Leader "Upright" Irv. Spring is here; hibernation is over. Meet Central Park Boathouse at 9:30 AM or Geo. Washington Bridge @ 178 St. and Ft. Washington Ave. at 10:30, leave 10:45 AM. Bring lunch or buy picnic makings near park.
- 27 Sat March Repeat of 20 Sat March with leader Ernie Lampeter.

TIME 2 RENEW



28 Sun March TOUR OF SOUTH SHORE C ride. Leader George Borgida. Meet 10:00 AM at the Riis Park parking lot, near the entrance. Ride to Far Rockaway, Atlantic Beach, Long Beach and return.

REGULAR RIDES

BEDFORD VILLAGE Sundays, 9:15 AM from the firehouse.

BRIDGEHAMPTON Sundays. Meet 9:30 to ride 10:00 AM. Montauk Hwy (Rt 27) in Bridgehampton, LI. Free parking at Grant's shopping center. Allow 2 hrs. driving time.

CENTRAL PARK Saturdays and Sundays. Ride at 10:00 AM from the Boathouse.

I. U. WILLETS Rd. School. Saturday and Sunday at 10:00 AM. LIE exit 39S; 1 mile ahead on Guinea Woods Rd. Pre-ride breakfast at Howard Johnson's. LIE 37 at 9:00 AM Sat, at Friendly's (1 mi. south of HJ), 9:00 AM Sun.

MILKMAID DINER Saturday's 9:15 AM at Mamaroneck and Rosedale Aves. in White Plains. Take New England Thruway to Mamaroneck Ave. Go about 2 miles north. Free parking at the bank's lot across the street.

In order to make non-regular rides listing more understandable to all of our membership, I propose the following rules for ride rating. Please include the following information in any rides that you submit for inclusion in the bulletin:

- 1) How long do you as leader expect the ride to take ie, when do you expect to return to the starting point?
- 2) What is the expected mileage of the ride - if the route is not explicit, please give upper and lower limits.
- 3) During actual cycling, what will be your running speed - ex, if you drive a car for 30 minutes at 60mph, you did 30 mi. However, you still had a speed of 60mph.
- 4) What is the terrain like - please use factual descriptions such as flat, rolling, hilly. Remember that what seems hilly may not really be hilly. Make believe that you're in an airplane looking down. *how are we to really know?*
- 5) Of what level of skill should a cyclist be to ENJOY himself on this ride *what LEVELS are being used?*

PLEASE- DO NOT over-rate nor under-rate a ride. THE RIDES CHAIRMAN WILL MAKE THE FINAL LETTER EVALUATION to give all listings a measure of CONSISTENCY. A Leader's responsibility is to not merely lead the ride, but to accurately relate his or her intent and expectations of the ride, FOLLOWING THEM THROUGH. While all rides are scenic, friendly, etc., I believe that the above rules will increase non-regular rides participation. When you go on a ride that lives up to its billing, please let me know. LEADERS-PLEASE drop me a note to let me know how the ride went and what the turnout was - non-attendees may be interested. *No. Blame Ldr. for all aspects. Chmn may not be so all-knowing anyway.*

A few points relating to the above. So called strong riders, a misnomer by any sense of the word, will not benefit in any way from these rules. They can do what they want anyway. Complaints have been registered by the riders none of us see. They're turned off by an inaccurate ride description. I don't believe the descriptions are inaccurate, but they certainly have been inadequate for a good percentage of our members. *why?*

I'll list the rides for the riders - I'll rate the rides for the would-be riders.

Minutes Of Last Meeting

With hot hors d'oeuvres, excellent food and service, RINALDO's turned out to be a huge success. After discussion from the floor concerning the unavailability of RINALDO's on the second Tuesday, the membership voted to hold future meetings on the THIRD TUESDAY of each month. Therefore, the next meeting will be held on TUESDAY, MARCH 16th at RINALDO's RESTAURANT, 32 E. 32nd Street, N.Y.C. with social hour at 6, dinner at 7 and the meeting at 8. Those who are unable to have dinner with the club are encouraged to attend the meeting.

Ron Kahn's report of rides held during the preceding month unfortunately contained many that had been rained or snowed out.

Sam Freedman's financial report indicated that the treasury contains slightly over \$800, that as of the beginning of February, approximately 150 members had already renewed their membership and those of you who have not already done so are urged to send in your dues immediately to prevent removal of your name from the mailing list.

Sam also announced plans for the club's participation, on the 4th of July weekend, in the Spokes and Sparklers Bicycle Rally, sponsored by the White Clay Bicycle Club, to be held at the University of Delaware in Newark, Delaware. Stu Shakman and Jerry Pellegrino described the excellent variety of rides and terrain, good organization and all around run and camaraderie last year and encouraged everyone to try to make it. You will be hearing further about cost and reservations in the next few months.

Mike Hrinyak announced that Dick Swann, editor of the "Question Man" column in Bicycling Magazine, will be giving a lecture at 7 p.m. on March 17th at A.Y.H., 132 Spring St., N.Y.C.

The meeting ended with Ron's super presentation of his slides of a bike tour cross-country last year which contained not only many magnificent shots but also a fascinating narration.

* * * * *

The Board of Directors met on February 19 and, in addition to confirming the move to Rinaldo's and participation in Spokes and Sparklers Rally, discussed plans for an expanded ride program to combine social activities such as picnics and lunches, group rides with lunch at the Boathouse in Central Park for those who are Manhattan-bound, a more descriptive ride-rating method and re-affiliation with L.A.W. for 1976. Also, Sam volunteered to represent N.Y.C.C. on a committee of bicycle clubs and related organizations throughout the State for the purpose of becoming involved in State legislative biking activities. You will hear more about these plans as they are developed.

Marie

TIME 4 DUES

FROM THE VEEP'S DESK

The change of meeting place and the new meeting night have necessitated a change of plans for the entertainment scheduled for our March meeting.

As of this writing, Irv Weisman will enlighten us with one of his interesting discussions on a well known topic -- Namely gears, if you have not already guessed.

The program by Shimano originally scheduled for this time hopefully will take place at the April meeting.

There are many new members in the club who I am sure have questions and ideas pertaining to bicycling; and we are most anxious to hear them. Let us know whether you would like more discussions on such topics as roadside repairs, bicycle maintenance, or any other subject which you might name.

Also, if any of you (old or new members) have color slides or movies which you think would be of interest to the club please "step forward!"

Another good source of entertainment is the auction. If you have any items to sell pertaining to cycling here is your chance to sell them.

This is your club, so let's all of us get into the act.

See you at Rinaldo's on Tuesday, March 16th.

Bob Herzfelder

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The "Prez" Sez



OUR NEW MEETING PLACE AND DATE

The suggestion originated with George Borgida many months ago; the leg work was Marie's; the Board sampled a dinner; and finally the club sampled, liked, and voted to switch to Rinaldo's Restaurant at 32 E. 32 St. (Parking after 6 PM)

Our new dinner style will be to place your order with the restaurant staff between 6 and 7 PM in the upstairs dining room. Prices range between \$6 and \$7.50, and includes garlic bread, hors d'oeuvres, salad, pre-selected entree, dessert, and coffee. The dinner will be served en masse, course after course, shortly after 7PM. Latecomers cannot be accommodated for dinner in the meeting room, but they are certainly welcome to dine in the main restaurant on the street level, and then to come up to the meeting room at 7:45 PM when we should be having our dessert and starting the meeting. But why miss out on all that interesting dinner talk? Plan to arrive between 6 and 7 PM and enjoy dinner and talk with your friends.

Please note our new meeting day! We meet the THIRD Tues. of each month.

GEAR'76

During the recent Bike Show, I met with Jim Konski, President of the Onondaga Cycling Club which is hosting GEAR'76, and with Fran Crawford, Chairwoman of the GEAR'76 Committee. They advised that it will be possible to indicate a preference to share dormitory floors with fellow club members. The registration forms will provide for such an expression of preference.

LEGISLATION

We all like to ride our bikes - either as fitness buffs, as outdoor lovers, or as Eddy Merckx understudies. But while we pedal, others are busy with legislation to "help" us, or to openly hinder us. By now we all know about last year's legislation which confines cyclists to the extreme right edge of the roads, or to shoulders when present, or to bike paths which may be nearby.

I learned from Jim Konski that the original purpose of that legislation was to permit children to ride the shoulders on their way to school. It was transmuted by the Dept. of Motor Vehicles to the compulsory use of shoulders or bike paths, no matter about the gravel strewn along the shoulder nor how useless the bike paths may be for other than the meanderings of children on bikes and trikes.

The Mohawk-Hudson Wheelmen, in a letter to Bill Hoffman our L.A.W. Regional Vice-President, and to other N.Y. State bicycle clubs, have volunteered to keep abreast of bicycle legislation and to advise other clubs when a letter-writing campaign would be useful. Sam Freedman has agreed to be our liaison person with them and to relay their information to us.

LEGISLATION (cont.)

At this time companion bills are pending in the Assembly and Senate, A-3965 (Frey) and S-7351 (Caemmerer) respectively. They would amend last year's bills and would give bicyclists the clear right to ride on either the right side of the roadway (as was the case prior to last year) or on a usable shoulder.

So what should you do? Find out who your Assemblyman and State Senator are (from the League of Women Voters - 674-8484, or your county Board of Elections), and write to them expressing your support for these bills. It would also be very effective to write to Assemblyman Frey and State Senator Caemmerer. They are chairmen of the Transportation Committees of their respective houses. They need our support for their amendments. A large letter campaign will confirm that there are indeed many cyclists who are concerned about bicycle legislation which restricts cycling unfairly or unwisely. Emphasize that bikes should be encouraged rather than impeded, and that last year's legislation created an unsafe situation which would be rectified by the proposed amendments. It would help to specify the bills by their numbers: A-9365 and S-7351.

If we don't protect our own interests, who will? Write! NOW! This very night!

CLUB JERSIES

Les Bercow, Ron Kahn, and I are busy calling, writing and checking out sources for a club jersey. We may ^{have} some information by the time of our next meeting. Have faith. But meanwhile find out what chest size you have so you'll know what to order when the details get worked out.

I.U.Willets riders --- Josh Levin needs your help in re-marking parts of the routes, he cannot do it alone. Call him soon to offer your assistance.
Tel. 461-4906

DUES ARE DUE

Please fill out form below
and enclose check for '76 Dues
\$5.00 - Individual
\$8.00 - couple

Mail to: Samuel Freedman
400 Central Park West
Apt. 8R
New York, N. Y. 10025

NAME _____
ADDRESS _____
CITY _____
STATE _____ ZIP _____
PHONE _____

CYCLING SHORTS

Our Vice-President Bob Herzfelder, who also held previous office as President for two terms, takes his responsibilities for the welfare of the club quite seriously, as the story will show. Bob, among his recreational activities, rides his bikes, schedules our monthly programs, gives his wise counsel at our Board meeting, and blows his golden horns. He also has been socially involved with at least one woman. She recently mused that she might be interested in resuming a girlhood sport, namely, bike riding. Bob, sensing the potentiality of a new member for the club, used his most persuasive sales pitch. He proposed! She accepted! The wedding is planned for sometime this summer. Mazzel tov, Bob.

It seems that everybody who is anybody in cycling was at the recent show at the Colleseum, and by far, the busiest booth at the show belonged to one of our members, Bill Recht. I think he was giving Masi's away, or was it the cute young Olympian he had riding the rollers?

Ron Kahn is very serious about losing weight, he shaved off his beard to knock off a few more ounces. Perhaps he should now get together with Jerry Pellegrino, "The Drilling and Milling Expert", and he can shave a few ounces off the bike. Then, ---"Watch out Jimmy Rex".

Received this notice from Transportation Alternatives Tel. 661-4372. ---
Queensborough Bridge Bikelane: NYC's TAD has included studying a possible bike lane on the bridge as part of their comprehensive contract to study rehabilitation of this bridge. They are also considering our proposal to have an experiment this spring by closing an outer lane of the bridge to cars - every day - to use as a pilot bikeway. Their negative feelings, however, are that not enough cyclists would use it to justify the closing. It's up to you to convince them of your numbers. If you want and would use a week-day Queens/Manhattan crossing, write and say so to: Commissioner Anthony Ameruso, Dept. of Highways, 40 Worth St., NYC 10013; and The Honorable Donald R. Manes, President of the Borough of Queens, 120-55 Queens Boulevard, Kew Gardens, New York 11424.
-- DON'T PUT IT OFF, WRITE TODAY --

SPECIAL NOTICE DEPARTMENT

The Club Meetings are now to be held on the THIRD ^{Tues.} THURSDAY of the month at RINALDO'S, 32 East 32nd St. NYC (between Park and Madison), one flight up. We gather socially and mingle over Hors d'oeuvres at 6PM, are seated for dinner at 7PM, and start the meeting at 8PM. Those who unfortunately miss the dinner hour can attend the meeting at 8PM. Remember---3rd ^{Tues.} Thursday---Rinaldo's.

If you have not yet renewed this will be your last chance to do so, any member who has not paid his 1976 Dues will now be taken off the mailing list.